



Lesson: Tongue Twisters

Ages: 4th and 5th grade

Supplies needed: No supplies needed.

Project Intro: This lesson will help children demonstrate the understanding of how projection, articulation and voice variation are necessary parts to being a strong actor.

Materials Reference: Teaching Drama, The Essential Handbook (beatbybeat Press)

Project steps:

Warm-Up Activity:

- **Vocal Warm-Up**

- Tell the children and other family members participating to make their face as big as they can for 5 seconds.
- Then tell them to make their faces as tiny as they can for 5 seconds.
- Tell them to stand up tall, pull their shoulders back and relax them, put their hands on their stomachs, take a big breath in then say “Ha! Ha! Ha!”. They should feel their bellies bouncing.
- Practice a few times.
- Say the following commands loudly and precisely: Repeat after me: “Articulate!” (Articulate!) “Project!” (Project!) Repeat.

Drama Activity:

- Tongue Twisters
 - Introduce a tongue twister to the participants and have a short competition to see who can say it the most times without messing up.
 - List of suggested tongue twisters:
 - *I scream, you scream, we all scream, for ice cream!*
 - *Peter Piper picked a peck of pickled peppers.*
 - *Betty Botter bought a bit of butter.*
 - *I saw Susie sitting in a shoe shine shop.*
 - *Fuzzy Wuzzy was a bear.*
 - *She sells sea shells by the seashore.*
 - *Luke Luck likes lakes.*
 - *Yellow butter, purple jelly, red jam, black bread.*
 - *Chester cheetah chews a chunk of cheap cheddar cheese.*
 - Tell each participant they must pick one tongue twister and think of one emotion to embody while saying their tongue twister.
 - List of suggested emotions:

▪ Happy	▪ Disgusted
▪ Sad	▪ Fearful
▪ Angry	▪ Surprised
 - Give them a few minutes to practice.
 - One by one have each participant say his/her tongue twister with excellent projection and articulation.

Drama Vocabulary:

Articulate / Articulation – to speak fluently and coherently

Project / Projection – to speak loudly and clearly

Tongue Twister - a sequence of words or sounds, typically of an alliterative kind, that are difficult to pronounce quickly and correctly