



1. Fold your paper plate in half and cut out the center to create your frame.



2. Unfold your paper plate frame. Color it in whatever color you prefer!

3. Put glue on the entire frame and begin to build your paper web.



4. Cut out your feathers.



5. Cut enough holes at the bottom of your frame for your strings and one on the top for the hanging string.

6. Place your strings through the holes and knot them.

7. Add in beads and a feather per string and knot it so they stay in place.

8. Hang above your sleeping area to protect from bad dreams!



Dream Catcher (Ojibwe)

Visual Instruction Guide

To make your Dream Catcher, you will need: a paper plate, glue or tape, paper strips, string, and beads.